



Editorial

The renewed focus on youth outlined in the last newsletter continues. This is seen with for example many recently introduced to our sport as in the high school championship pictured above. It is also seen with the launch this month of the *Korfball Youth*

Leader Award which is a means for giving youth the opportunity to develop leadership skills, a means to recognise them and something that other members of the korfball community can contribute to by helping the youth acquire the skills. Of course our youth are making an important contribution to korfball now with their involvement in the highest levels of domestic competition and by the Australian squad preparing to leave for the Under 23 World Championships in Barcelona in October.

There is more reflection on these events in this newsletter. Don't forget to look at the Korfball Australia website which is now adding lots of information on a regular basis so visit it at

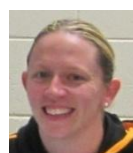
<http://au.korfball.org.au>

You can contact us at newsletter@korfball.org.au

Nonie and Roy

From the Secretary Meagan Marks

With Mark overseas for his work he has asked me to deputise for him this month. It's so positive to



see such a lot being done for youth at all levels. It will be even nicer if we can get more of our older players and followers of korfball (Korfball Friends?) involved in some of the activities being organised for them at the local, regional

and national level. Korfball Australia, along with New Zealand, are engaged in developing such activities as age level representative camps etc in the coming years. Of course for a lot of these it helps to have some sponsorship and I would like to make a recommendation here for our potential sponsors ACN. I was happy to change over gas and electricity to help Korfball Australia as long as ACN's rates were competitive. After having my bills looked over by ACN (all done via email or through the online store), I found that they were not only competitive, they are going to be cheaper. As far as I can see, all gas and electricity companies pretty much give you the same thing, the only thing differing is the cost. I urge everyone to take a look at their current bills and decide if they would like to be paying less and help Korfball Australia at the same time.

National Under 23 Going! Going! ..

from **Craig Miller** Senior Coach

The under 23's have been very busy training and fundraising, Tamika Zilm organised a Krispy Kreme doughnut drive this month, and the efforts continue with a Bunnings BBQ at Marion on **Sunday 30th September**. If anyone would like to assist on the day please contact our manager, **Ali Othen 0405735479**.



Any help would be greatly appreciated.

Training has been stepped up with the inclusion of Tuesday night shooting sessions at Sturt Gym until we leave next month. The final training camp is on September 21st and 22nd where the players will have their last training game before we leave. The team really appreciates the experienced players who come out regularly to play against them at training camps, Thanks again!

The team leaves Adelaide on **Wednesday 3rd October at 11.40am** (**check with Ali for a time to say goodbye at the airport!**) flying to Amsterdam, where we spend a week preparing and acclimatising with our host club KV Wageningen.

KV Wageningen is the formation out of the merger between SKV, VADA and SSS clubs. With about 600 members, 26 youth teams and 12 senior teams KV Wageningen belongs in the top 10 largest korfball clubs in The Netherlands. During our stay at KV Wageningen the team will play 4 matches and train daily. The players will be billeted out with host families and given a bicycle to get to and from korfball.

We look forward to renewing friendships with the VADA club members who hosted us in preparations for the World Youth Cup in 2011

On the 10th October we fly into Barcelona for the last couple of days preparation before the Under 23 World Championships begin.

Here's our schedule of matches:-

Sat. 13th Australia vs Germany @ 3:45pm
Sun. 14th Australia vs Hong Kong @ 1pm
Mon. 15th Australia vs England @ 6:15pm
Tue. 16th Australia vs Netherlands @ 4:30pm
Wed. 17th Australia vs India @ 11:15am
Thu. 18th Cross Pool Finals
Fri. 19th Finals 7th - 12th places
Sat. 20th Finals 1st - 6th places

The whole experience will be amazing for the players and hopefully some of the knowledge and enthusiasm gained will be invested into Australian Korfball for the future.

A big thank you to the Australian Korfball community for their continued support over the last two years preparing for this event.

Our squad sponsors include

**Blackwood Hire Suntralis Foods
Vertex Scaffolding Monocraft Embroidery**

You can follow the squad on **Facebook** by searching for **skippiesontour**

Tour Schedule/Playing Calendar 2013-2014

We hope to include New Zealand in most of these events

2013

June- National Club Championships
Victoria

July - European Invitational Tour Australia

October- Regional Youth Development
Tournament SA/Vic

2014

Jan or April - U/21 Youth Cup/Development
Tour Netherlands

April ? - Open Team Asia/Oceania venue
TBA (most likely Asia)

June - National Clubs Championships
Adelaide

July - European Invitational Tour Australia
October- Regional Youth Development
Tournament SA/Vic

TALK BACK

Hi Friends,

Thanks for the interesting newsletter. We appreciate very much getting this.

Best regards.

Inglish and Bird

(Partners Inglish and Bird are pioneers and leaders of korfball in Taiwan (Chinese Taipei) and have developed korfball in their country so well, with the help of their government, they are now number 3 in the World at all levels.)

YOUTH SPEAK



From Ashlee Othen

The Korfball Grand Finals in Adelaide were great to watch last weekend. They were a great indication of the talent and enthusiasm that is present in our Korfball community.

It was also good to see so many youth playing at this level.

In the A Grade final alone there were eight under 23 players on the court. Playing for Boomers were, Jess Abell, Sam Adams, Chris Astill, Josh Berney, Dan Phillips and Tamika Zilm and for Arista were Tony Beeson and Andrew Hutchesson.

In B Grade, Ashleigh Horrocks and Baylee Rowe played for Boomers and the Vardis Girls, Olivia, Amelia and Lucy played for Glenelg.

In the C Grade final the Boomers youth were Bethany Channing, Brooke Grose, Josh Prasad and Laura Jakubowski.

At 14 Brooke Grose was the youngest player to take the court in a Grand Final. Well done Brooke.

There was a huge range of ages represented on the day and while I won't name any of the older players it just goes to show that Korfball is a sport for everyone, especially youth!

And hey, think about doing this and get some more skills and recognition for them:-.



THE KORFBALL YOUTH LEADER AWARD

INFORMATION MANUAL

This award is to help you develop korfball leadership skills and to provide recognition for these.

The skills can be developed in school, club or community and the award is in the form of bronze, silver and gold certificates.

It is open to you if you are between 13 to 19 year old.

National Coordinator of Youth Leader Award
roykirkby@adam.com.au

Youth korfballers see your Club leaders about doing this.

Emily, of the U23 National Squad, ran a workshop for students and teachers of Woodcroft College before the State High School Championships and along with Sam, Mark, Andrew and Tony helped teams and refereed to make it a great school day out.



Emily explains some of the tactics for attack and defence teamwork.

Here's some comments from high school students at the High Schools State Championships:

*Yeh, cool playing together. (boys with girls)
A great game. Sure different to other sports.
Yeh, ok, Like the way you can shoot from long distances.*

It's cool especially when you all support each other.

I hadn't played since last year but it's better now and I'd like to play more often.

Hmm. I'd like to play for Australia! (comment after being coached at the games by one of the U23 national squad.)

It's harder than basketball and netball but awesome when you get goals.

I play in a club and I would like to get more of my friends (from school) playing.

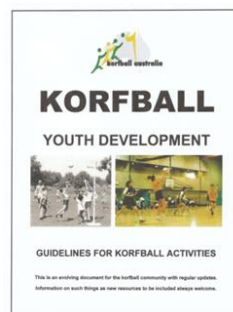
Hey, korfball youth of Australia! contact us with
your news-

Ashlee, Jess and Sam
newsletter@korfball.org.au

KEEPING YOUR HEAD STRAIGHT

A **stress response** is a healthier alternative than a stress reaction. A **stress reaction** happens automatically. It can trigger a lot of feelings and behaviours that make what could have been a simple problem into something worse. It stops us from thinking and expressing ourselves clearly. You do not have to have the stress reaction of panic or helplessness every time you are stressed. By knowing yourself, you can have a **stress response**. You can choose how to act and feel about a given situation, whether it's a lower study grade than you expected or a disappointing game. Congratulate yourself on having more than one way to deal with stress!

From Nonie



We've seen that the first couple of pages of the document should be part of the introduction to any workshop or course and last month we said how it could be used when introducing korfball to a group of students. If you were about to take on an age group for training or coaching

you need to know the points to be aware of with that age group. The document reminds you of these. In fact, youth about to undertake the *Korfball Youth Leader Award* will need to refer to this document when they are preparing to do korfball activities. You can find out more and download the document **Korfball Youth Development** at http://au.korfball.org.au/?page_id=110

Resources



**THE KORFBALL YOUTH LEADER AWARD
COORDINATOR'S PACK**

The award is to encourage the development of korfball leadership skills in youth and to provide recognition of these.

The skills can be developed in school, club or community and the award is in the form of bronze, silver and gold certificates.

It is open to 13 to 19 year olds.

This pack is to provide information for people in schools, clubs and other organisations wishing to provide the means for youth to undertake the Award.

For further information contact Roy Kirkby
National Coordinator of the Korfball Youth Leader Award
roykirkby@adam.com.au

The on-line resources for coordinators and youth participants are now available. Anyone interested in being a **Coordinator** – the person who looks after a group of youth doing the course and checks their achievements, please contact Roy roykirkby@adam.com.au

Australian Sports Commission Free On-Line Courses

If you are interested in improving your coaching or refereeing knowledge these two courses are really important and are free.

Beginning Coaching Basic Principles Course
Officiating Fundamentals Course

For more information and to start either course, go to <http://www.ausport.gov.au/participating/coaches/education/onlinecoach> (for coaching)
<http://www.ausport.gov.au/participating/coachofficial/generalprinciples/introductory> (for refereeing)

Where and When?

Well last month's vintage korfball was well and truly vintage as it was played in Holland in about 1903. Hope you like their uniforms! This month's is not so vintage with somewhat different uniforms and mostly with no shoes! A clue - This country was once the third largest korfball playing country in the world and someone from this country introduced korfball into Australia.



Email your answers to newsletter@korfball.org.au
First correct, or nearest correct, gets their name in "lights" in the next newsletter!

Personalities

Tim Miller and Megan Marks



Megan and Tim were referee and assistant referee respectively for the recent A Grade SA State League Grand Final in Adelaide. Both have been playing since their youth, have been international players and Tim now focuses on his international commitments for IKF and coaching his beloved club, Glenelg, Megan is focused on being an international referee while being Secretary of KA and still an A Grade player.

Megan felt the State League Grand Final was a close battle to begin with, neither team able to score for about the first five minutes. But then Arista took command with better tactical control and shooting accuracy. Boomers came back to within 2 goals late in the game but Arista never looked like being overtaken. The game was played in good spirit throughout and the teams were a great credit to the sport.

Regions News

New South Wales

The brand new **Sydney City Korfball Club** will be holding its very first training session on Saturday 15th September from 10:00 - 11:30 at the National Centre of Indigenous Excellence in Redfern. (Also known as the YMCA Sports Hall, Redfern.) The cost will be a maximum of \$10 but the more people that come, the cheaper it gets. All abilities of players welcome and beginners are encouraged! For further details, please contact sarah.higginson89@gmail.com or 0424135965.

You can also contact **Mark Zilm** on 0409672199 or markzilm65@gmail.com and you can find Korfball NSW on Facebook.

Bacchus Marsh Melton Korfball Association (BMMKA)

BMMKA is always looking for new players so if anyone is interested please contact **Jess** or **Dave** at the following email address, frizzyjess@hotmail.com.

Drysdale Korfball

For any information about korfball in Drysdale please phone **Helen** on 0425 872 726 or helen.searle@ikf.org

South Australia

The 2012 State League season has been run and won. Congratulations to all the teams that made the finals and especially to Arista A-grade and Boomers B & C grade who were the winners this season. All games were played at a high level and with excellent spirit.

Thank you for everyone's patients this year with the change of venues and Stephen Coles for organising the posts each time we weren't at ETSA Park. I would also like to thank the referees, scorers, and all of the volunteers that help clubs and KSA get by each year. Without these people our sport would not be able to survive.

As the State League season is now finished, it doesn't mean the KSA Committee will not have anything to do. We will continue to push forward with our development plans and a social league over the summer period. If you wish to be involved in any of these activities, please let me or your KSA rep know. KSA will also be holding an AGM in Oct/Nov (details to be supplied later), so let your voice be heard and jump on-board. Many hands make light work.

Mark Hamilton President

mark.hamilton@AETlimited.com.au

SA State League Finals



Australia's premium league competition had its

Finals on the 26th August. Boomers Club, celebrating its 20th Anniversary was hoping for a clean sweep and almost did it winning the B and C grade competitions. However, in the A grade Grand Final they succumbed to the better team on the day Arista Marion. For Arista it was to be a record breaker as they won the League for the fifth year in a row.



(from left) Michelle, Esther, Tony, Katharine, Jess, Andrew, Luke, Paul, Michelle, Craig, Theresa

Some interesting facts about their players; Craig and Luke have played in all five of these continuous winning finals. However, Katharine has played in all these winning finals too **and** six other winning finals for her former club Boomers! So it is obvious, if any other club wants to win a Grand Final they need to recruit Katharine!



Katharine with the ball well defended by Sam of the U23's

Development in SA



We have been keeping busy this month with clinics. Chris (Arista) and I have been continuing the Norwood Primary School OSHC program; Emily (North) ran a session at Tatachilla Lutheran College to conclude the korfball component of their Year 12 PE classes and Tony (Arista) is running a series of 3 half-day sessions at Lonsdale Heights Primary School.

In the High School Championships 6 schools took part with 8 teams in all. Woodcroft College and Tatachilla College both entered 2 teams, with single teams coming from St John's Grammar, Blackwood High, Sacred Heart College and Salisbury High. Thanks to the many volunteers who made the day possible, especially Mark and Paul (Boomers), Tony & Andrew (both Arista) and Sam (Glenelg) for refereeing all day; Bruce (Arista) and Emily (North) for helping with administration and Roy for lots of help in lots of areas! Hopefully many of the young people who played in this tournament will consider joining us on a permanent basis and play Summer League and/or State League. Thanks also to Graeme who provided excellent Sports Trainer services and all the school staff who coached, scored and chaperoned the students. Congratulations to Sacred Heart College for becoming the State Champions.



SA High School Champions Sacred Heart College.

We still have a few schools looking to buy new or second hand posts to develop korfball in their PE classes. Hopefully that will translate into more schools interested in clinics and tournaments and more students wanting to play on a regular basis. Any volunteers willing to run clinics are most welcome. Please contact Karina Hutchesson at development@sa.korfball.org.au or phone 81770737.

KSA AWARDS & END OF SEASON PARTY

Date: 8th Sep

Time: From 7pm

Venue: Clovelly Park Memorial Community
Centre, 16 York Avenue, Clovelly Park

Tickets: Contact your club committee

MVP and goal scorer awards.

cheap drinks all night and music



ACN is a trusted company that has been operating for more than 20 years and they, unlike many others, maintain their customer service in Australia.

Besides giving you competitive rates on all of your telecommunication needs such as mobile phones, internet, landlines and wireless devices like tablets, ACN also have discounts on gas and electricity that could save you money

If you would like a free check of your bills then please contact Cathy on triumphettvision@acnibo.com

To view our online store please visit <http://korfballaustralia.acndirect.com/> and check out our plans.

If you have any questions about joining, contact Helen on 0425 872 726.

FINDING SOME ON LINE PLACES

<http://au.korfball.org.au>

That gives you the option of the Korfball Australia or Korfball South Australia websites and in each there are tabs at the top to get you to lots of other information including the Korfball News back issues.

Skippies on Tour and Korfball NSW are Facebook pages. To get full details you will be asked to sign in.

There are hundreds of International Korfball sites but a great one is this one <http://www.korfball.org/> where you can find out all about korfball around the world and there are some good videos to watch. Type **korfball** on **YouTube** for lots more. If you have found some good sites let us know and we will note them in the newsletter.

KEY CONTACTS

Mark Zilm (President): KA financial and other issues, NSW korfball markzilm65@gmail.com

Megan Marks: National Clubs Championships nomination forms and information; expressions of interest for positions, KA Board matters, Awards secretary@au.korfball.org.au

Helen Searle: IKF Equity issues, Drysdale korfball, ACN business and fund raising helen.searle@ikf.org

Tim Miller: IKF Oceania – Australia/New Zealand exchanges/competitions TMiller@Cavendishsuper.com.au

Jess May: Bacchus Marsh korfball frizzyjess@hotmail.com

Karina Hutchesson: South Australia korfball development development@sa.korfball.org.au

Mark Hamilton: SA korfball general enquiries mark.hamilton@AETlimited.com.au

Sam, Ashlee and Jess for Youth Speak newsletter@korfball.org.au

Nonie Kirkby: KA database, Friends of Korfball

Roy Kirkby: newsletter inclusions/ comments, Korfball Youth Leader Awards –the course and appointing coordinators roykirkby@adam.com.au

Sot Vardas for korfball post purchases sotvardas@aapt.net.au

If you know someone who is not getting Korfball News and we have their email address would you please ask them to check their Junk Mail in case it is being downloaded there.

If you are not getting the Korfball News emailed to you perhaps we haven't got your latest email address. Please let Nonie or Roy know at newsletter@korfball.org.au

To give you a bonus this issue we have ended with more pictures from the State league Finals and the SA High Schools Championship.



Thanks to Karina for supplying these pictures from the State League Final above and the Schools Championship below.

